

WESTBROOK DADS

Do you have a daughter that you would like to spend more time with? Consider joining the **ILLINI** tribe of the Big Waters Federation **Indian Princess** Program!

You and your family are invited to a BBQ to meet the ILLINI.

DATE: FRIDAY, JUNE 4TH

TIME: 6:00pm

WHO: Dads, daughters, and their families

PLACE: The Chamberlins
1006 W. Isabella
Mt. Prospect
847-253-0990

(Feel free to call anytime to learn more)



Let's face it - we are all short of time these days. We all have the best intentions of fitting everything in, especially spending quality time with our children. It is easy for moms to connect with their daughters, but sometimes not as easy for dads. This program is a great vehicle for dads to connect with their daughters by providing events to do together. **In the past 3 years, the Illini dads and daughters have experienced the following:**

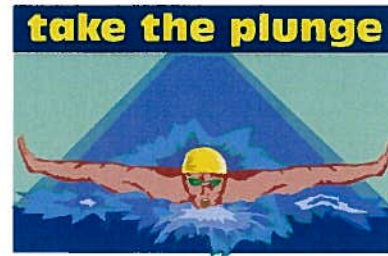
9 Campouts (Don't worry if you don't like camping - it's not really camping. We stay at YMCA campgrounds, sleep in cabins, and eat at the lodge).

Hiking in the woods Climbing wall Archery Horseback riding Ice skating
Model rocket launch Talent Show Hosted games and made trophies Corn Maze
Riding a zip line Ice cream social Climbed a 70' high Alpine Tower Gym Night
Marriot Lincolnshire Winter Play Made leather crafts Overnight at Children's Museum
Hosted a haunted house (decorated our cabin, the girls dressed up to scare the other tribes)
Chili cook-off Boat ride on Lake Beulah Played Hammer Schlager Pig Roast
Made a snow sled replica of Herbie The Love Bug out of cardboard and rode it down the hill
Canoeing Snow Shoeing Cross Country Skiing Decorated & Kiln Fired Pottery
Made Tie Dye Shirts Bonfires Daddy-Daughter Dance Made Gifts For Mother's Day
Marched and threw candy in the Mt. Prospect Fourth of July Parade Pinewood Derby
Won Best Tribe of the Year! Hosted a Carnival Found a skeleton of a Red Tailed Hawk

This is truly a great program for girls 5 - 12. The published aims for the program are:

1. To be clean in body and pure in heart.
2. To be pals forever with my father/daughter.
3. To love the sacred circle of my family.
4. To listen while others speak.
5. To love my neighbor as myself.
6. To seek and preserve the beauty of forest, field and stream.

Why not stop by to have a burger or brat and learn about the program? If you can't make it, feel free to call anytime to learn more about the program. Hope to see you there!



WE WANT SWIMMERS!!!

MT. PROSPECT SHARKS MEADOWS POOL SWIM TEAM IS LOOKING FOR NEW MEMBERS!!

Do you want to improve your stroke, have faster starts and better turns? Join our **developmental** competitive swim team. This unique experience will provide swimmers with personal instruction and training in stroke mechanics, starts, and turns. Skills will be taught and refined through a variety of water, dry land, and strength drills. Mt. Prospect Park District belongs to the NISSC. Boys and girls will compete within their own age group during the 6 scheduled swim meets which take place on Wednesday afternoons/evenings.

Open to anyone, only prerequisite is to be able to swim front crawl stroke 25 yards or 1 length of the pool.

Ages 5 -18. We need all ages, but especially boys 5-10. Why not join us – you know you are going to be at the pool anyway!!

FREE Special Trial Offer! Swim Team Pre-Season Practice Week:

M-F, 6/7-6/11, Ages 5-10: 4:45-6:00, Ages 11-18: 6:15-7:30.

Why not show up at Meadows Pool and give it a try for free – then join us if you like it!!

To sign up for the team call the Park District at (847) 255-5380.

Website link: <http://www.mppd.org/pools.php?section=c>.