



WE WANT SWIMMERS!!!

MT. PROSPECT SHARKS MEADOWS POOL SWIM TEAM IS LOOKING FOR NEW MEMBERS!!

Do you want to improve your stroke, have faster starts and better turns? Join our **developmental** competitive swim team. This unique experience will provide swimmers with personal instruction and training in stroke mechanics, starts, and turns. Skills will be taught and refined through a variety of water, dry land, and strength drills. Mt. Prospect Park District belongs to the NISSC. Boys and girls will compete within their own age group during the 6 scheduled swim meets which take place on Wednesday afternoons/evenings.

Open to anyone, only prerequisite is to be able to swim front crawl stroke 25 yards or 1 length of the pool.

Ages 5 -18. We need all ages, but especially boys 5-10. Why not join us – you know you are going to be at the pool anyway!!

FREE Special Trial Offer! Swim Team Pre-Season Practice Week: M-F, 6/7-6/11, Ages 5-10: 4:45-6:00, Ages 11-18: 6:15-7:30.

Why not show up at Meadows Pool and give it a try for free – then join us if you like it!!

To sign up for the team call the Park District at (847) 255-5380.

Website link: <http://www.mppd.org/pools.php?section=c>.